

MINUTES: Healthy Carolinians of Macon County – Steering Committee**DATE:** July 2, 2008**PLACE:** Health and Human Services Building**TIME:** 10:00 AM – 12:00 N**ATTENDEES:** Rhonda Blanton, Teresa Breedlove, Lisa Hilliard, Robert Holland, Jane Kimsey, Kathy McGaha, Jim Thurmond and Martin Wadewitz

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Marty Wadewitz welcomed everyone to today’s meeting of the Steering Committee. Mr. Wadewitz asked the committee members to review the minutes of the last meeting. Jim Thurmond motioned for the approval of the minutes. Robby Holland 2 nd the motion, with a unanimous vote for approval.		
Unnatural Causes Viewing	<p>Kathy McGaha explained to the committee members that the Healthy Carolinian partnerships in the western region were working on a regional project. This project would entail the showing of some or all of the segments of the film series – “Unnatural Causes: Is Inequality Making Us Sick?” The partnerships would next encourage community dialogues on this topic.</p> <p>Ms McGaha showed the committee members the segment titled – “Bad Sugar”. This covered the topic of diabetes in two Native American communities.</p> <p>Ms. McGaha also stated that a grant opportunity is available from the Community Foundation of WNC. If awarded, this grant would be used to support this regional work by the participating partnerships.</p>		
Combining Healthy Carolinians, Health Education, Health Promotion	Kathy McGaha said there is a rumor statewide of a possibility to combine Healthy Carolinians, Health Education and Health Promotion. Ms. McGaha told the committee members she just wanted to inform them of this rumor.		Debi Nelson and Marcus Plescia from DHHS clarified that there are no current plans to combine these sections.
Membership Process Review	<p>Kathy McGaha said the Nomination Committee had recently met to review and discuss the membership process. This committee considered and discussed the following two topics:</p> <ul style="list-style-type: none"> ➤ Limit Size of Committees/Task Forces – The 	The Nomination Committee will continue to discuss the membership process.	

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	<p>committee members suggested that the committees and task forces be limited to 15 or less members.</p> <ul style="list-style-type: none"> ➤ Review Current Membership Process – The committee members discussed several suggestions such as: <ul style="list-style-type: none"> ❖ Provisional membership ❖ Probation period ❖ Application including recommendations ❖ List qualifications to serve on a committee or task force ❖ Approval by the Steering Committee <p>Ms. McGaha said she will next present these ideas and recommendations to the Board of Directors.</p>		
Mental Health Task Force	<p>Kathy McGaha updated the committee members on the status of the Mental Health Task Force. Ms. McGaha said that Jane Kimsey and Jim Bruckner would be presenting recommendations of the task force to the Board of Commissioners on July 14th.</p> <p>Ms. McGaha said one recommendation was for Healthy Carolinians to lead the process of developing an implementation plan and an outline for what future services are needed in Macon County and the estimated cost for those services. HCMC will then submit a report with program and funding recommendations to the Mental Health Task Force by December 31st.</p> <p>After a group discussion, Jane Kimsey made a motion to recommend the establishment of a sub-committee for mental health. Teresa Breedlove 2nd the motion, with a unanimous vote for approval from the other committee members.</p>		
Committee Updates	Marty Wadewitz asked for an update on the following committees:		

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	<p><u>Access to Care Committee</u> – Lisa Hilliard, Chair</p> <ul style="list-style-type: none"> • Kathy McGaha said this committee was in the process of setting up a provider meeting with local area physicians. This meeting is scheduled for August 19th at the Macon County Public Library. <p><u>Chronic Disease Committee</u> – Teresa Breedlove, Chair</p> <ul style="list-style-type: none"> • Teresa Breedlove stated that the Church Wellness Program (Walk to Jerusalem) had been completed. Ms. Breedlove said this committee would assist with another Church Wellness Program (Walk to Bethlehem) that will run from fall till Christmas. • Ms. Breedlove said this committee will continue to concentrate on childhood obesity. <p><u>Community Needs Assessment Committee</u> – Anne Hyder, Chair</p> <ul style="list-style-type: none"> • Kathy McGaha said this committee is currently dormant and will be re-activated when needed. <p><u>Elder Care and Caregivers Committee</u> – Dr. Vargas, Chair</p> <ul style="list-style-type: none"> • Kathy McGaha said this committee had just conducted the Senior Expo and Health Fair. Ms. McGaha said this committee would next look at Senior Friendly Communities. <p><u>Environmental Quality Task Force</u> - Jim Bruckner, Chair</p> <ul style="list-style-type: none"> • Kathy McGaha reminded the committee members that this is a time limited task force. Ms. McGaha said this task force is concentrating on passing information to the general public on monitoring and performance of routine maintenance on private drinking water wells and septic systems. <p><u>Strengthening Families Committee</u> – Anne Hyder, Chair</p> <ul style="list-style-type: none"> • Kathy McGaha stated that this committee has finished action planning. Ms. McGaha reviewed 		

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	<p>the three interventions this committee will be working on:</p> <ol style="list-style-type: none"> 1. Develop a Family Resource Center to provide information about services, referrals and education to Macon County families. 2. Establish a Soup Kitchen that is open 7 days per week for lunch and dinner. 3. Establish Emergency Housing for Homeless Families. <ul style="list-style-type: none"> • Ms. McGaha said the members of this committee have nominated Vanessa Bailey for the Chair position. Ms. McGaha has discussed this position with Ms. Bailey, and she has agreed to the Chair position for this committee. <p><u>Substance Abuse Task Force</u> – Robby Holland, Chair</p> <ul style="list-style-type: none"> • Kathy McGaha informed the committee members that the task force has set up a meeting with Susan Johnson. Ms. Johnson will lead the task force members through Strategic Framework Planning Process. 		
Next Meeting Date	The next meeting of the Steering Committee will be held on Wednesday, October 1 st , from 10:00 AM – 12:00 N in Meeting Rooms A/B at the Health and Human Services Building.		